

Dear Parents/Guardians,

The following is a suggested list of snacks for birthday celebrations.

**PLEASE CONTACT THE SCHOOL NURSE 24 HOURS IN ADVANCE TO GET YOUR SNACK APPROVED.**

**[LFENNING@MPSNJ.ORG](mailto:LFENNING@MPSNJ.ORG)**

**201-445-5350 EXT 425**

**OTHER OPTIONS ARE ALLOWED WITH NURSES APPROVAL- PLEASE BE MINDFUL OF COMMON ALLERGIES.**

**Please send in utensils, plates, napkins, etc - if needed.**

**BIRTHDAY SNACK LIST**

<p style="text-align: center;"><b><u>FRUITS</u></b></p> <ul style="list-style-type: none"><li>● Fresh Fruit- must be prepackaged and sealed from the store</li><li>● Dole Fruit bowls</li><li>● Del Monte fruit to go cups</li><li>● Sun-Maid Raisins</li><li>● Fruit juice</li></ul>	<p style="text-align: center;"><b><u>VEGETABLES</u></b></p> <ul style="list-style-type: none"><li>● Veggies and dip: (carrots, celery, broccoli, cauliflower, cucumbers, peppers, squash, snow peas, tomatoes (grape type))</li><li>● Dip: Hidden Valley or Wishbone Ranch LOW FAT dressing</li><li>● Tostitos: salsa</li></ul>
<p style="text-align: center;"><b><u>CRACKERS</u></b></p> <ul style="list-style-type: none"><li>● Frito Lay – sun chips</li><li>● Honey Maid – cinnamon grahams and sticks, Honey Grahams and sticks</li><li>● Nabisco – Teddy Grahams, Nutri Grain bars (soft bake only)</li><li>● Keebler – Wheatables, Town House crackers, vanilla wafers</li><li>● Nabisco – graham crackers, saltines, Ritz crackers, Triscuits, vanilla wafers, wheat thins</li><li>● Pepperidge Farms – Gold Fish</li><li>● Sunshine – Cheeze-Its</li><li>● Made Good various Crackers and Bars</li><li>● Made Good Crispy Squares- Various flavors.</li></ul>	<p style="text-align: center;"><b><u>SALTY SNACKS</u></b></p> <ul style="list-style-type: none"><li>● Rold Gold (cannot be dipped) or Bachman Pretzels</li><li>● Baked Lays Potato chips (regular, BBQ, sour cream &amp; onion)</li><li>● Made Good various crackers.</li><li>● Pirate Brands Pirate's Booty Aged White Cheddar All Natural</li><li>● Pirate Brands Pirate's Booty Veggie All Natural</li><li>● Tostitos tortilla chips</li><li>● Skinny Pop Popcorn</li><li>● Smart Food Popcorn (White Cheddar or Movie Theater Butter ONLY)</li><li>● Trader Joe's Kettle Corn</li><li>● Frito's Brand Original Corn Chips</li></ul>
<p style="text-align: center;"><b><u>Miscellaneous</u></b></p> <ul style="list-style-type: none"><li>● Cheese – string cheese, cheese cubes</li><li>● Hunt's vanilla &amp; chocolate pudding</li><li>● Jell-O vanilla and chocolate pudding</li><li>● Kraft – vanilla and chocolate pudding</li><li>● Yogurt (not soy brands)</li><li>● Danimals Yogurt smoothie drinks</li><li>● Sabra Hummus classic</li><li>● Thomas Bagels plain mini bagels pre-sliced with butter +/- cream cheese (to be coordinated with teacher)</li></ul>	